

Top 10 Honour Roll**Male**

	First Name	Last Name	Time	Year
1	Mark	Tucker	0:28:37	2007
2	Brett	Cartwright	0:28:41	2007
3	Patrick	Nyangelo	0:28:45	2007
4	Martin	Dent	0:28:52	2008
5	Mark	Tucker	0:29:00	2009
6	Ben	St Lawrence	0:29:02	2008
7	Clint	Perrett	0:29:02	2009
8	Tim	Rowe	0:29:07	2008
9	Martin	Dent	0:29:11	2009
10	Mark	Tucker	0:29:12	2008

Female

	First Name	Last Name	Time	Year
1	Nikki	Chapple	0:32:44	2009
2	Anna	Thompson	0:32:56	2007
3	Lisa Jane	Weightman	0:33:03	2008
4	Donna	MacFarlane	0:33:54	2007
5	Clare	Geraghty	0:34:00	2009
6	Donna	Macfarlane	0:34:08	2008
7	Anna	Thompson	0:34:15	2009
8	Melinda	Vernon	0:34:17	2009
9	Tara	Palm	0:34:26	2008
10	Eloise	Wellings	0:34:43	2009